



# Moving Guide

**Checklists,  
tips and  
printables  
for a smooth  
move**



# Time to Move!

**Moving often marks significant milestones in life:** setting up a new apartment, buying a home, or changing your living situation. These changes are exciting, opening new doors and offering fresh starts. But let's be honest, the moving process itself can be quite a task.

However, don't let the process of moving overwhelm you. With some planning, careful research, and organized efforts, you can manage the process smoothly and feel in control. A well-prepared Moving Guide can be your best helper in this journey. You can print the guide pages, making it a handy project organizer. It breaks down the whole moving process into smaller, manageable tasks, ensuring a seamless transition.

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**10 Box Labels:** Printable labels to keep your boxes organized and help movers know where to place them.



Whether you're moving for the first time or the tenth, this guide simplifies the process, ensuring you're well-prepared every step of the way. Happy Moving!

Your Flash Movers  
info@flashmoving.net,  
www.flashmoving.net

# Moving Timeline

For an easier move, use the Flash Moving simplified timeline. This guide simplifies your preparation, breaking down the necessary steps into a clear, manageable sequence. Print it, and check off tasks as you complete them, for a well-organized move.



## 8 WEEKS BEFORE



- ☐ **Declutter Before Packing** Get rid of items you no longer need. Sell them, donate to charity, or list them online.
- ☐ **Set Up a Moving Budget** Estimate costs for supplies, truck rental, and new home items. Keep all moving documents in a binder.
- ☐ **Start Packing Early** Begin packing gradually, about two months in advance. Tackle one room at a time. Save the bedroom and essential kitchen items for last.
- ☐ **Book Moving Services** Reserve your moving truck and hire moving help if needed, well in advance to avoid last-minute hassles.

**MOVING TIP** When packing for a move, label each box not only with its contents but also with the room it's destined for in your new home. Using a color-coding system for different rooms can further simplify the process of loading and unloading



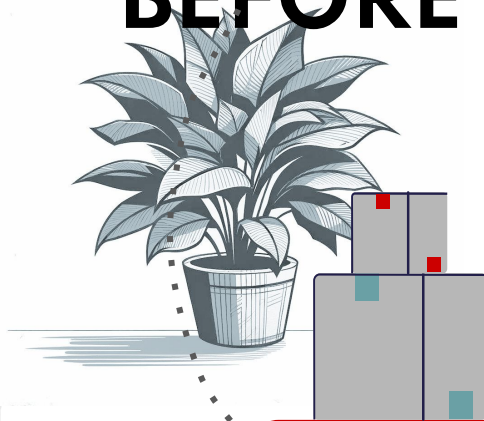
## 4 WEEKS BEFORE



- ☐ **Switch Utilities:** Contact your utility, internet, and cable providers to move services to your new address.
- ☐ **Update Address:** Change your address for mail, credit cards, loans, and insurance. Use an online form or visit your local post office. Refer to a change-of-address checklist to cover all bases.
- ☐ **Stop Local Deliveries** Transfer magazine subscriptions and newspaper deliveries to your new address.
- ☐ **Store Extra Items** If you have large furniture or items not needed immediately, consider renting a storage unit and packing them away.

# Moving Timeline


 **2**  
**WEEKS**  
**BEFORE**



- ☐ **Double-Check Reservations** Ensure your moving company or truck rental are confirmed. Call to verify their availability and timing.
- ☐ **Essentials Box** Since you might not unpack everything on the first day, prepare a box with necessities like toiletries, clothes, sheets, and towels. Label it as "First Night" to easily find it when needed.
- ☐ **Final Home Inspection** Before moving, inspect your old home for any needed repairs. Ensure everything is functioning correctly to avoid post-move issues.

- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....

**MOVING TIP** When preparing for a move, allocate extra time to pack delicate items like glassware. These items require more attention to ensure they're safely packed and don't break during transit. Using protective materials like bubble wrap and cushion foam is advisable for additional security.

 **2**  
**DAYS**  
**BEFORE**

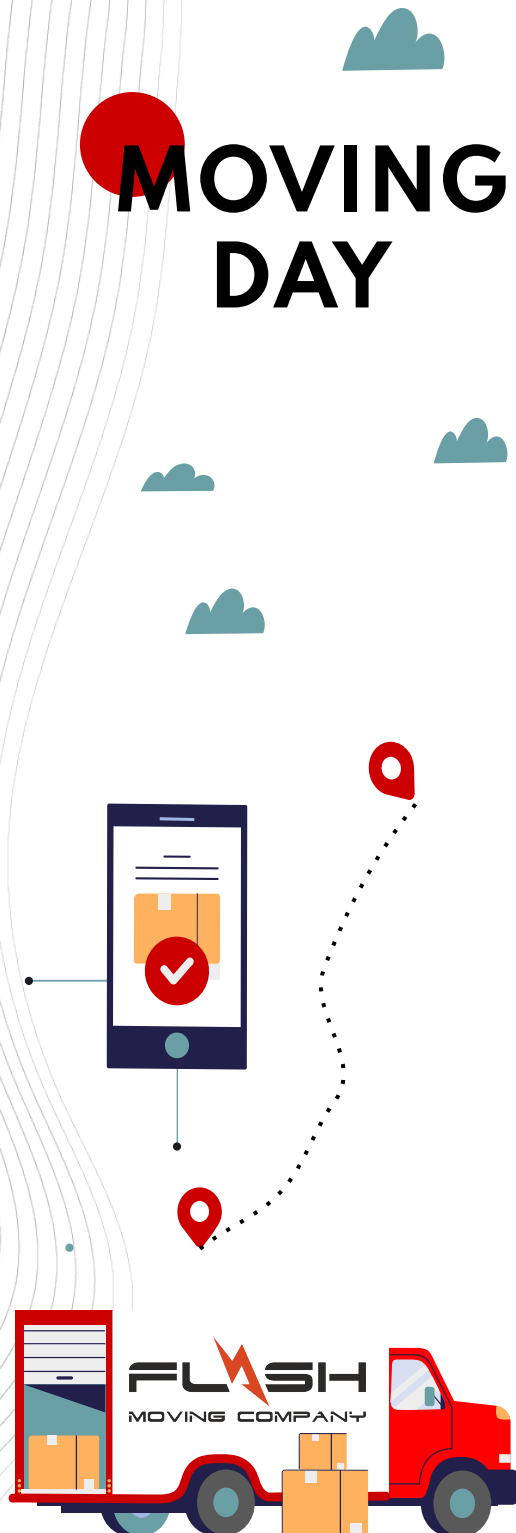
**MOVING TIP** Don't overlook small tasks during your move. Set reminders on your phone or calendar for important dates and to-do items.

- ☐ **Complete Your Laundry** Wash all your clothes before the move to avoid bringing dirty laundry into your new home, reducing the burden of extra washing tasks post-move.
- ☐ **Clean the Previous Home** Once your belongings are packed, clean your old house for the new residents. This includes wiping windows, sweeping, and vacuuming to ensure the space is neat and welcoming.
- ☐ **Avoid Buying Perishable Food** Before your move, refrain from purchasing food items that can spoil quickly, reducing food waste and simplifying the move.
- ☐ **Disconnect Appliances** and unfreeze the freezer.

- ☐ .....
- ☐ .....

# Moving Timeline

## MOVING DAY



- ☐ **Get Energized** Start with a balanced breakfast, stay hydrated, and have snacks on hand. Moving day is busy, and you'll need the energy.
- ☐ **Get Ready for Moving Company** If you hired a moving crew, ensure everything is ready for their arrival. If you reserved a moving truck, arrive 15 minutes early to the location or check in online to avoid delays.
- ☐ **Child and Pet Arrangements** Make arrangements for children and pets. Whether it's a babysitter or a designated room to keep them busy, have it sorted out.
- ☐ **Make Copies** Create copies of moving receipts and statements for future reference or taxes. Keep them in your moving binder.
- ☐ **Stay Calm and Hydrated** Take things one step at a time, and don't forget to take breaks if needed. Stay hydrated and maintain a positive attitude to keep the move running smoothly.

### Additional Tasks:

- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....
- ☐ .....

Follow this checklist as you approach moving day to ensure you're fully prepared for a successful move. Moving involves multiple steps, so stay organized and minimize stress by planning effectively.



# Notification Checklist

When you relocate, it's important to inform more than just your friends and family. Service providers, organizations, and government agencies also need to be updated with your latest information to better serve you. To ensure you don't overlook anyone, we've created this helpful checklist.

## COMMUNITY



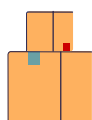
- ☐ Friends and Family
- ☐ Employer
- ☐ Schools
- ☐ Alumni Associations
- ☐ Charity and Nonprofit Organizations
- ☐ Church Clubs and Organizations
- ☐ Pet Licensing (Various by Country)
- ☐ .....
- ☐ .....
- ☐ .....



**MOVING TIP:** Remember to register for new vehicle stickers and residential parking permits, if needed.

## PROFESSIONAL SERVICES

- ☐ Attorneys and Accountants
- ☐ Tax Assessors
- ☐ Insurance Company
- ☐ Doctors, Dentists, Pharmacists, and Other Medical Professionals
- ☐ Veterinarian
- ☐ .....
- ☐ .....
- ☐ .....



## HOME SERVICES + UTILITIES

- ☐ Telephone, Internet, Cable Services
- ☐ Gas and Electric
- ☐ Home Security Company
- ☐ Home Delivery Services
- ☐ Magazine, and Periodical Subscriptions
- ☐ .....
- ☐ .....

## GOVERNMENT AGENCIES

- ☐ U.S Postal Service
- ☐ Internal Revenue Service
- ☐ Citizenship and Immigration Services (non-citizens)
- ☐ Department of Veteran Affairs
- ☐ Voter Registration
- ☐ Department/ Registry of Motor Vehicles
- ☐ Social Security Administration
- ☐ .....

**MOVING TIP:** The USPS will forward mail from your old address for a year. That should give you time to update everyone else!

## FINANCES

- ☐ Banks, Credit Unions, and Loan Companies
- ☐ Credit Cards and Charge Accounts
- ☐ Finance Companies and Loans
- ☐ .....

# Create A Home Inventory

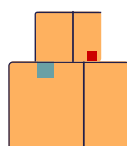
Making a list of your belongings is crucial when moving. A home inventory can bring order to the chaos of packing and purging. Print out this checklist to help catalog items as you pack each room. Keep it safe, along with receipts if available, once you reach your new home. For a digital inventory, consider using your Account with Flash Moving which allows you to create and store your inventory digitally.

	LIVING ROOM	# of items	price
<input type="checkbox"/>	Sofas		
<input type="checkbox"/>	Coffee tables		
<input type="checkbox"/>	Table & chairs		
<input type="checkbox"/>	Media center		
<input type="checkbox"/>	Shelves		
<input type="checkbox"/>	Lamps		
<input type="checkbox"/>	Art / wall decor		
<input type="checkbox"/>	Curtains / blinds		
<input type="checkbox"/>	Carpets		
<input type="checkbox"/>	Miscellaneous		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	KITCHEN	# of items	price
<input type="checkbox"/>	Cabinets / shelving		
<input type="checkbox"/>	Dishware/glass		
<input type="checkbox"/>	Table & chairs		
<input type="checkbox"/>	Refrigerator		
<input type="checkbox"/>	Stove		
<input type="checkbox"/>	Microwave		
<input type="checkbox"/>	Dishwasher		
<input type="checkbox"/>	Electr. appliances		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	BEDROOM	# of items	price
<input type="checkbox"/>	Bedframe		
<input type="checkbox"/>	Mattress		
<input type="checkbox"/>	Linens		
<input type="checkbox"/>	Nightstand		
<input type="checkbox"/>	Dresser		
<input type="checkbox"/>	Bookcase		
<input type="checkbox"/>	Desk		
<input type="checkbox"/>	Chair		
<input type="checkbox"/>	Mirror		
<input type="checkbox"/>	Lamps / light fixtures		
<input type="checkbox"/>	Closet accessories		
<input type="checkbox"/>	Clothes / shoes		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	BEDROOM	# of items	price
<input type="checkbox"/>	Bedframe		
<input type="checkbox"/>	Mattress		
<input type="checkbox"/>	Linens		
<input type="checkbox"/>	Nightstand		
<input type="checkbox"/>	Dresser		
<input type="checkbox"/>	Bookcase		
<input type="checkbox"/>	Desk		
<input type="checkbox"/>	Chair		
<input type="checkbox"/>	Mirror		
<input type="checkbox"/>	Lamps / light fixtures		
<input type="checkbox"/>	Closet accessories		
<input type="checkbox"/>	Clothes / shoes		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			



# Create A Home Inventory

	OFFICE	# of items	price
<input type="checkbox"/>	Table & chairs		
<input type="checkbox"/>	Desk & contents		
<input type="checkbox"/>	Bookcases		
<input type="checkbox"/>	File cabinet		
<input type="checkbox"/>	Shelves		
<input type="checkbox"/>	Lamps		
<input type="checkbox"/>	Art / wall decor		
<input type="checkbox"/>	Curtains / blinds		
<input type="checkbox"/>	Carpets		
<input type="checkbox"/>	Miscellaneous		
<input type="checkbox"/>	Media center		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	DINING ROOM	# of items	price
<input type="checkbox"/>	Table		
<input type="checkbox"/>	Chairs		
<input type="checkbox"/>	China cabinet		
<input type="checkbox"/>	Silverware		
<input type="checkbox"/>	China		
<input type="checkbox"/>	Glassware		
<input type="checkbox"/>	Tablecloths		
<input type="checkbox"/>	Elect. appliances		
<input type="checkbox"/>	Art / wall decor		
<input type="checkbox"/>	Curtains / blinds		
<input type="checkbox"/>	Carpets		
<input type="checkbox"/>	Miscellaneous		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	BASEMENT/ ATTIC	# of items	price
<input type="checkbox"/>	Exercise equipment		
<input type="checkbox"/>	Toys / games		
<input type="checkbox"/>	Linens		
<input type="checkbox"/>	Trunks / luggage		
<input type="checkbox"/>	Sporting equipment		
<input type="checkbox"/>	Shelves		
<input type="checkbox"/>	Vacuum cleaner		
<input type="checkbox"/>	Washer / dryer		
<input type="checkbox"/>	Ironing board		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	GARAGE/ OUTDOORS	# of items	price
<input type="checkbox"/>	Sporting equipment		
<input type="checkbox"/>	Tools		
<input type="checkbox"/>	Lawn mower		
<input type="checkbox"/>	Ladders		
<input type="checkbox"/>	Work bench		
<input type="checkbox"/>	Grill / barbecue		
<input type="checkbox"/>	Storage equipment		
<input type="checkbox"/>	Lawn furniture		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	ELECTRONICS	# of items	price
<input type="checkbox"/>	TV 1		
<input type="checkbox"/>	TV 2		
<input type="checkbox"/>	Video equipment		
<input type="checkbox"/>	Computer / laptop		
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

	OTHER	# of items	price
<input type="checkbox"/>			
<input type="checkbox"/>			
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<input type="checkbox"/>			
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# First Night Tips

## Congratulations on your new house!

Prepare for the exciting journey of turning your house into a home. Whether it's your initial dwelling or your long-awaited dream abode, this place will undoubtedly hold significant importance in your life. Here are some suggestions to help you kickstart this new chapter.

## Planning for the First Day/Night

Effective planning is crucial for a smooth transition. When packing, assemble two designated "first day" boxes to streamline the unpacking process and ensure access to essential items without hassle.

### Box 1

This box should contain supplies to establish a clean and organized environment in your new home, including:

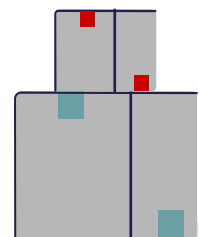
- Basic cleaning products such as paper towels, a sponge, and all-purpose cleaner.
- Essential tools like a hammer, wrench, screwdriver, and nails.



### Box 2

Dedicate this box to personal essentials to cater to your immediate needs:

- Two rolls of toilet paper.
- Necessary medications, including daily prescriptions and over-the-counter drugs like ibuprofen.
- Adhesive bandages for any unforeseen accidents during the move.
- Disposable paper plates, cups, plastic cutlery, and napkins to simplify the cleanup process after enjoying your first meal in your new home, typically ordered as take-out.
- Linen, pillows and clothes for your first night and next day in your new place.



# KITCHEN

CONTENTS



BOX# OF

# MASTER BEDROOM

CONTENTS



BOX# OF

# BATHROOM

CONTENTS



BOX# OF

# LIVING ROOM

CONTENTS



BOX# OF

# DINING ROOM

CONTENTS



BOX# OF

# BASEMENT

CONTENTS



BOX# OF

# KITCHEN

CONTENTS



BOX# OF

# MASTER BEDROOM

CONTENTS



BOX# OF

# BATHROOM

CONTENTS



BOX# OF

# LIVING ROOM

CONTENTS



BOX# OF

# DINING ROOM

CONTENTS



BOX# OF

# BASEMENT

CONTENTS



BOX# OF

